

AHAM Meditation Retreat & Training Center – USA

and

Arunachala Ramana AHAM Ashram – India

2026 Program Calendar



*****Program may be taken virtually or in-person, unless noted under program title*****

AHAM India Ashram

The AHAM Ashram in India may have trainings in Feb./March of 2026. Contact them directly (see below) for more information.

Programs by AHAM Meditation Retreat & Training Center, Asheboro, NC, USA:

		July 11-19	Intensive Self-Inquiry Training
		August 7-9 16 28-30	Conscious & Clear Living Pt. 2 AHAM 48th Anniversary Celebration Awaken to Awareness Retreat (<i>in-person</i>)
March 6-8	Awaken to Awareness Retreat (<i>virtual</i>)		
27-29	Sat Sanga Weekend		
April 11-19	Intensive Self-Inquiry Training	September 12-20	Living Meditation Training*
May 1-3	Awaken to Awareness Retreat (<i>in-person</i>)	October Sept. 30-Oct. 4 17-25	Neutralizing Your Negative Past Intensive Self-Inquiry Training
8-10 27-31	Sponsor Training* Buddy Training Pt. 1	November 6-8 20-22	Awaken to Awareness Retreat (<i>virtual</i>) Buddy Training Pt. 2
June 12-14 26-28	Conscious & Clear Living Pt. 1 Awaken to Awareness Retreat (<i>in-person, some virtual if needed</i>)	December 11-13	Holiday Sat Sanga Weekend

AHAM India Programs (Tiruvannamalai, S. India)

February 14, 2026 -- Aradhana ceremony (A. Ramana's death anniversary)

For more information on offerings at AHAM India, email: ahamindia2001@gmail.com

For program information, call the AHAM Center USA: 336-381-3988 or email the AHAM Center USA: generalmail@aham.com

*For those taking **Advanced Graduate Curriculum** programs (shown **bolded** and with *), please contact AHAM USA at 336-381-3988 as early as possible to let us know if this date can work with your schedule. There are no pre-requisites for either the Awaken to Awareness Retreat or Intensive Self-Inquiry Training.